



Tumaini la Maisha Tanzania

Caring for Children with Cancer in Tanzania

Issue 3



NEW PEDIATRIC ONCOLOGY WARD

The new pediatric oncology ward built by Rotary Club of Tanzania is spacious and safest place for our children to be. It provides a space for isolation rooms to protect children from infections and fitted with modern medical equipment.



FROM TLM DESK

A history was made in August this year, when the Rotary Club of Tanzania handed the keys to our state of art Rotary Pediatric Oncology Ward. For two years Rotarians raised funds in their annual charity walk to build this much needed ward for our children. It cost a fortune and would have not done without helping hands. On behalf of Children with Cancer we would like to humbly express our gratitude for the great work done by dedicated Rotarians, friends and partners. A special thanks to Sharmila for her leadership on this project. Asanteni Sana na Mungu awabariki.

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HELPFUL WARNING SIGNS OF CHILDHOOD CANCER

- Headaches/signs of haemorrhage (bleeding).
- Eye changes - white pupil, new onset squint, loss of vision, swellings.
- Lumps or swellings - especially if painless
- Pallor or fatigue, weight loss
- Fever - persistent and un++explained
- Unusual - nausea or vomiting (especially early morning or worsening over days), changes in speech
- Limb or bone pain, limp, bones breaking easily

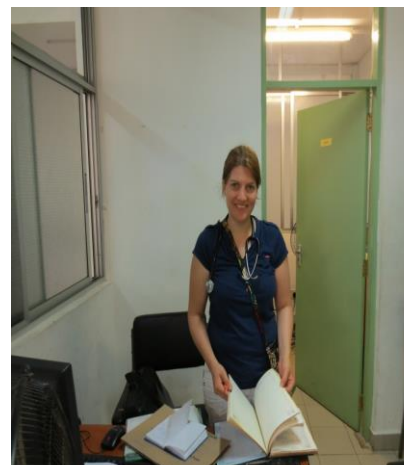
SEEK: Medical help for early, persistent symptoms.

NEW ONCOLOGY PEDIATRIC DOCTORS

The new ward has been launched with a bonus addition of 3 new appointed Pediatric doctors who have had masters level training in pediatrics and child health now working fulltime on the oncology ward.



Dr. Sarah and Dr. Laiti during the ward round at the new paediatric oncology ward



Dr. Stephanie Adams during her internship at Oncology ward

A WARM WELCOME BACK DR. TRISH.



Dr. Trish one of TLM founder has returned to Oncology ward after being away for a while due to undergone treatment.

She is the only qualified Pediatric Oncologist in Tanzania currently; hence her return marks a significance addition to the improvement of clinical services to children with cancer in the country. .



Dr, Trish having a welcome lunch with other doctors and TLM Staff at Ujasiri House.

Clinical Masters in Pediatric Hematology/oncology

Tanzania is now on track to produce its very first children cancer specialists trained in Tanzania by a mixture of international and local experts. This provides opportunity to learn on-the-job, dealing with real problems and developing real solutions.

This marks a significant contribution to availability of specialist local doctors who will attend the children at the ward as far as pediatric oncology is concerned. Currently 4 doctors from Muhimbili National Hospital (MNH) have been enrolled in this programme and currently undertaking the courses



KILIMANJARO climb fundraiser

Mark Hesketh, Glenn Phillips and friends climb Mount Kilimanjaro supporting TLM's work to raise money for and increase awareness of Childhood Cancer in Tanzania



The climb was in October 2 2013 with a target of raising \$20,000 which would help TLM to buy a mini bus. Six months on and George Tilley and Tim Whittle joined the mission. Shortly before reaching the summit on the morning of 4th October we surpassed \$100,000 in donations and pledges.

Zumbathon fundraiser

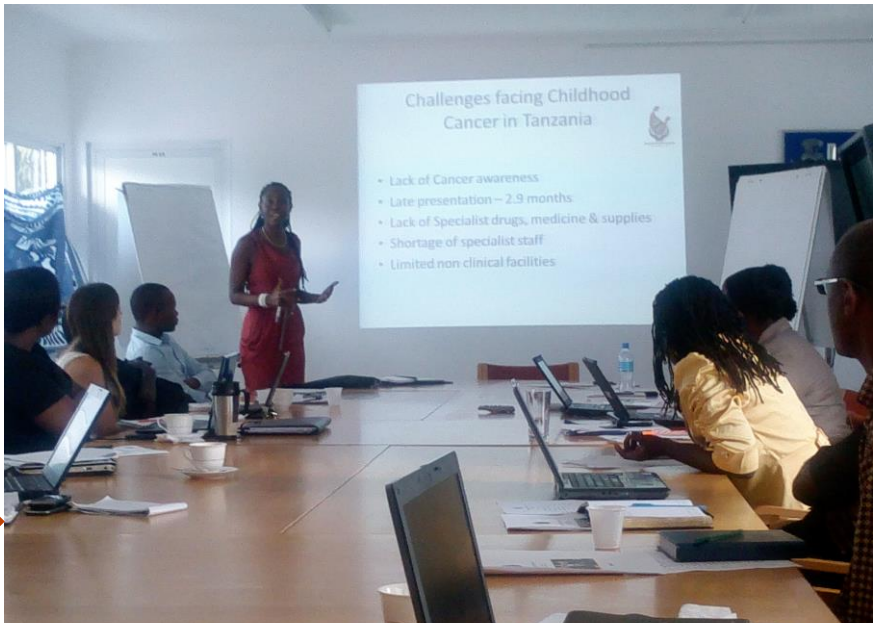
SHIVYOG Group as Friends of Tumaini La Maisha raised 1,000,000 Tshs for renovation of ward classroom from the zumbathon event.





TLM is a member of Child Agenda (Ajenda ya Watoto) a coalition of civil society organizations who are committed advocates for child rights and are collaborating on the development and implementation of a national advocacy strategy for child rights.

Director presenting TLM at UNICEF-Child Agenda during Coalition quarterly meeting



Our Programmes



A total number of 67 families have been accommodated at Ujasiri House since established

Tumaini La Maisha programmes aim to provide non-clinical support to children with cancer by reduce overcrowding in the ward through a lo stay hostel at Muhimbili Natonal Hospital, and create environment for children to be productive and happy to increase the speed of recovery for childhood cancer patients since active play is the best form of 'physiotherapy' for children who need rehabilitation, provide income generating opportunities for parents/Cares to avoid disincentive to keep the child in treatment and to raise awareness of childhood cancer in Tanzania.

UJASIRI HOUSE

Now the kitchen is up and running full furnished for the families to use for their children opened 24 hours. It is also used during life skills lesson for parents in supporting Children's nutrition.

Families from the ward has also have access to this kitchen



Now kids from Ujasiri House have access to Play ground which is fully constructed with necessary equipment's to facilitate play for oncology children



Education Programme



From the left Anna, followed by Mwalimu Muro, Rukaia and Biubwa exploring new books for MEMKWA programme



TLM is now running a MEMKWA (Mpango wa Elimu Maalum Kwa Waliokosa) programme which is the special Education for children who missed it recognized by the ministry of Education.

Thank you Ilala Municipal for providing us with books that supports the syllabus.



From the left Fridaus and Furaha during one of the play therapy sessions, at least two sessions are provided to each child at the oncology ward in every week.

EVERYBODY CAN ANIMATE WORKSHOP & EVENT

TLM in collaboration with Media One and Child Health Today has organized a 3 days' workshop for children in the ward and Ujasiri House whereby in the end they produced a Swahili Animation movie.

A total number of 20 children were awarded with certificate after completion of the workshop.



Children and parents watching Swahili animation movie produced by the children



Oncology ward children during the workshop and production of animation movie.



Aluwachi Charles awarded certificate by Janet Mbuguni (TLM Director) during the climax of everybody can animate workshop. On the right is Anaali kihunrwa (media One Director)



*From Tumaini La Maisha
On behalf of Children
with Cancer in Tanzania*

For more information drop us a line

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Father Christmas awarding oncology children with presents as token of Christmas celebrations at Ujasiri House



Oncology children enjoying music as part of Christmas festivities at Ujasiri House



SIOP 2014 11th MEETING OF SIOP AFRICA

23 - 25 APRIL 2014 • DAR ES SALAAM • TANZANIA

From Excellence to Action

PARENTS AND MEDICAL PROFESSIONALS

Abstract submissions by 6th December 2013
Early Bird registration closes on 15th January 2014



Enquiries: **Congress Office**
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THE 3RD INTERNATIONAL CONFEDERATION OF CHILDHOOD CANCER
PARENT ORGANIZATION (ICCCPO AFRICA)





OUR GRATITUDE To DONORS

Thank you, you care

In this current newsletter we are honoring and acknowledging all our local donors, we will acknowledge the international donors in the next edition.



Muhimbili National Hospital

Our deepest gratitude To Muhimbili Hospital for your great support in running Ujasiri the long stay House for patient coming outside Dar es Salaam



Irish Society

We appreciate the Irish Society for their contribution to support Patients transport back to their homes for them to reunite with their loved ones in between treatments.



Embassy of Ireland

TLM would like to thank the Embassy of Ireland for donating money to develop a Kitchen and outdoor space (playground) for Children at Ujasiri House. The kitchen has granted opportunities for parents/carers to cook preferred nutritional food for children.



Saeeda Remtullah

TLM is thankful for your endless generous support to the oncology children since the ward was at Ocean Road Cancer Institute until today at Muhimbili National Hospital. You also support the families back to their homes for them to reunite with their loved ones in between treatments



Children in Cross Fire (CIC)

We can't thank you enough for your numerous supports clinically and non-clinical part as you have played a vital role to ensure children with cancer have access to quality medical treatment and non-clinical support to advocate their needs and support during their time of treatment in the ward



Dr. Somgal & Family

We salute and thank you for your tremendous generosity and your support to supply medication for Pediatric Oncology ward children to support provision of quality clinical services



Francesca & Mark Hesketh

We acknowledge your contribution and support to TLM work and Pediatric oncology ward for raising funds to sustain non clinical services to children with cancer across Tanzania



Rotary Club of Tanzania

We are gratified by the Rotary club of Tanzania for building new Pediatric Ward which is spacious and provides a safe place for our children. There are five isolation rooms to provide protection for children from infections and are fitted with modern medical



Mohamed Enterprises

We would like to recognize your contribution of providing a donation to support our transport programme for the patient to reunite with their loved ones in between treatments.



Shivyog Group

We are delighted to recognize contributions made by you in raising funds to renovate the ward class and furnished it with necessary education accessories to support our education programme



DHL

We recognize your contributions to our clinical services, you have been a radical bridge for transporting medical samples free of charge



Akil Hirji

We extend our gratitude for your donation of kitchen appliances such as fridge, deep freezer, cooker & kitchen utensils worth of five million Tanzanian shillings.



Vikash Shash

We acknowledge your contribution of beds in the ward at the hospital and Ujasiri Hostel where patient from outside Dar es Salaam reside in-between treatments

❖ Caledonian Society

We appreciate your help and support to Tumaini La Maisha and pediatric ward to ensure availability of quality non clinical service to children with cancer

❖ The Abbot Fund, CSI & Ketan Patel

Your contribution is highly appreciated as you have single handedly construct the Hostel (Ujasiri House), which now can accommodate 44 patients (Child + Parent/cares) hence alleviate the overcrowding on the ward and give families a home away from home.

❖ Weatherford

We thank you for installing water filter at Ujasiri House as it has complimented the hygienic environment for children as they now have access to clean pure water during their stay at the long house in-between treatments

❖ Southern Sun

We are pleased for your Christmas party which you organize every year for oncology children, it is always a lovely occasion with superb meal for the children

❖ Dar es Salaam Yacht Club (DYC)

We recognize your contribution, raising funds for children through a 24 hours sail, we are very grateful for the efforts you invested which assisted in the provision of quality clinical service in the ward.

❖ Resolute Mining & The Karimjees'

We recognize your contribution for raising funds and commitment to long term general support as well as funding the masters' programme.

❖ SONGAS

We are pleased for your donation which will be used for equipment on the ward

❖ Mr. Salvatore

We appreciate your generosity to provide a regular personal contribution every month for general support on the ward. We thank you for playing part in improving the children's health.

❖ The Oysterbay Hotel

We recognize your contribution to Children's Cancer treatment. Not only you are one of our regular contributors and supporters but you are also there to look after the children and helped us keep them alive during a terrible crisis when the normal antibiotics stopped working.

❖ IMA Worldhealth

We recognize your donation of chemotherapy drugs regularly thus for your contribution many children are able to complete the dosage once start the treatments.

❖ Precision Air

We salute your commitment to support our work and endless contribution in facilitating transportation for children from their home to Muhimbili National Hospital, ensure they have access to treatments in timely manner.

❖ To all Supporters

We couldn't mention all but we recognize your contribution and appreciate all individuals and entity efforts that in one way or another have impacted/will impact the work of Tumaini La Maisha and ensure quality clinical services and support to children with cancer while increasing awareness of childhood cancer among health care professionals and parents across Tanzania. On behalf of all children with cancer we say,

